

Checklist of Self-Management Skills

Student: _____
Date Completed: _____

School: _____
Completed by: _____

Directions: Please place a check mark (√) in the box next to the behavioral characteristic that is currently being displayed by this student on a frequent, recurring basis.

In-Class Behaviors

<input type="checkbox"/> Initiates tasks/assignments/discussions	<input type="checkbox"/> Requires prompt to begin task
<input type="checkbox"/> Works a sustained period of time	<input type="checkbox"/> Frequently off-task, redirection
<input type="checkbox"/> Completes tasks, assignments	<input type="checkbox"/> Tasks frequently incomplete
<input type="checkbox"/> Self-disciplined	<input type="checkbox"/> Requires Behavioral Intervention Plan
<input type="checkbox"/> Self-corrects when redirected	<input type="checkbox"/> Requires repeated redirections
<input type="checkbox"/> Follows oral directions	<input type="checkbox"/> Difficulty following oral directions
<input type="checkbox"/> Contributes to class, participates	<input type="checkbox"/> Difficulty following written directions
<input type="checkbox"/> Follows written directions	<input type="checkbox"/> Does not participate, requires prompts
<input type="checkbox"/> Participates appropriately	<input type="checkbox"/> Calls out, disrupts others
<input type="checkbox"/> Stays within boundary limits	<input type="checkbox"/> Frequently out of seat, out of area
<input type="checkbox"/> On time to class	<input type="checkbox"/> Frequently tardy
<input type="checkbox"/> Attends school regularly	<input type="checkbox"/> Frequently absent

Organization Skills

<input type="checkbox"/> Begins next activity immediately	<input type="checkbox"/> Requires prompt to begin new task
<input type="checkbox"/> Is prepared for class	<input type="checkbox"/> Does not have materials, supplies
<input type="checkbox"/> Organized, uses proactive strategies	<input type="checkbox"/> Needs frequent reminders, unorganized
<input type="checkbox"/> Asks questions, requests help	<input type="checkbox"/> Does not ask for assistance
<input type="checkbox"/> Completes home assignments	<input type="checkbox"/> Does not complete, turn in, homework
<input type="checkbox"/> Works independently	<input type="checkbox"/> Disrupts others, distracts or is distracted

Interpersonal Skills

<input type="checkbox"/> Works cooperatively with peers	<input type="checkbox"/> Does not cooperate with peers
<input type="checkbox"/> Works cooperatively with adults	<input type="checkbox"/> Difficulty with instructional staff
<input type="checkbox"/> Cooperates with authority figures	<input type="checkbox"/> Difficulty with authority figures
<input type="checkbox"/> Stops behavior when told to do so	<input type="checkbox"/> Needs frequent behavioral prompts
<input type="checkbox"/> Listens attentively to staff	<input type="checkbox"/> Easily distracted, frequently "daydreams"
<input type="checkbox"/> Accepts criticism, feedback	<input type="checkbox"/> Argues, blames others, pouts, whines
<input type="checkbox"/> Asks for assistance or help	<input type="checkbox"/> Does not seek help from others
<input type="checkbox"/> Solves interpersonal conflicts	<input type="checkbox"/> Frequent interpersonal conflicts

