

# CONFLICTS

**What's the word?** CONFLICT

**What does it mean?** A fight or disagreement

Describe a conflict that you had with someone.

**What's the problem?** Someone starts to yell at you.

What should you do?

**What should I do today?** Name two ways that you could solve a conflict.

# CONFLICTS

What's the word? **ANGER**

What does it mean? Mad

Describe a time when you were angry at someone.

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What's the problem? You are angry at a friend. What should you do?

What should I do today? Ask 2 people if they have ever been angry at someone.

# CONFLICTS

**What's the word?** YELL

**What does it mean?** To shout or scream

Describe a time when you have yelled. What happened?

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**What's the problem?** Your friend upset you, so you start to yell at him. What should you have done differently?

**What should I do today?** Tell someone why you shouldn't yell at people.

# CONFLICTS

**What's the word?** WALK AWAY

**What does it mean?** Leaving a situation or place

When should you walk away from an argument or fight? Why?

**What's the problem?** You get very upset at another student. Instead of walking away, you yell at the student. What should you have done? Why?

**What should I do today?** Tell someone why you should walk away from a fight.

# CONFLICTS

**What's the word?** COUNT

**What does it mean?** To take time by saying numbers when you want to yell at someone or do something bad, why would it help to count to yourself?

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**What's the problem?** Someone makes you really upset and instead of calming down while counting, you push them. How would counting have helped?

**What should I do today?** If someone makes you upset or mad, count to 10 before saying or doing anything.

# CONFLICTS

**What's the word?** TALK

**What does it mean?** To communicate

Name 3 reasons why it is important to talk out your conflicts.

**What's the problem?** Someone is yelling at you, but you don't say anything. What should you do instead? What should you say?

**What should I do today?** If you have an argument or fight today, talk it out with someone.

# CONFLICTS

**What's the word?** LISTEN

**What does it mean?** To give attention to

When you are in a conflict with someone, why should you listen? Describe a situation when you listened during a conflict or fight.

**What's the problem?** While arguing with someone, you don't listen to why they are upset. Why is this a problem?

**What should I do today?** Listen to one person's problems or concerns today.

# CONFLICTS

**What's the word?** APOLOGIZE

**What does it mean?** To offer an apology

**When should you apologize during a conflict?**

**Describe a time when you have apologized.**

**What's the problem?** You hurt a friend's feelings, but don't apologize. This made your friend mad and now you are in a fight with him. What would have solved this problem?

**What should I do today?** Apologize to someone if it is necessary.



# CONFLICTS

What's the word?

**HANDS OFF**

What does it mean?

Not touching another person

Why should you keep your hands to yourself during a fight? What may happen if you kick, hit or push someone?

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What's the problem?

Another student is arguing with you and hits you. What should you do? What could the student have done differently?

What should I do today?

Tell someone what would happen if you don't keep your hands off another student.

# CONFLICTS

What's the word?

CONFLICT REVIEW

What does it mean?

Name and describe 3 things you should do if you are having a conflict with someone.

What's the problem?

Another student doesn't know how to solve a conflict. What should you tell him/her?

What should I do today?

Tell someone how to solve a conflict.